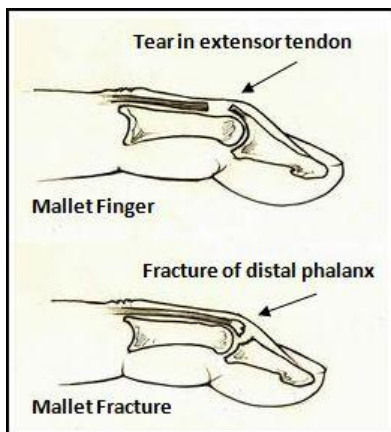


Mallet Splint Information Leaflet

What is a mallet finger? A mallet finger is an injury to the extensor tendon of the finger resulting in an inability to straighten the end joint of the finger. It can occur when a straight finger is forced to bend such as making the bed or when a ball hits the top of the finger.

A mallet finger can be 'tendinous' where the tendon itself ruptures or 'bony' where the tendon pulls a piece of bone away with it. This is determined by an x-ray.



Treatment: A splint is worn continuously for 6 to 8 weeks. This keeps the affected joint straight at all times and allows the tendon to heal.

You will be provided with a temporary splint in the Emergency Department. This will be replaced by a custom made splint at your appointment with the **Hand Therapist in the Therapy Led Clinic**.

IMPORTANT:

- **Keep splint on full-time until appointment with Hand Therapist**
- **Keep finger dry**
- **DO NOT REMOVE FOR SHOWER**
- **Do not allow finger to bend at any time as this will delay healing**